

# CHOOSE YOUR TOP BOWL



## POKE LOVE

BLACK RICE, NATURAL SALMON, TUNA, CHERRY TOMATOES, EDAMAME, AVOCADO, MANGO, GOMA WAKAME, PONZU, SESAME SEEDS

REGULAR 12,90 € | LARGE +2,50 €



## TARTARE SALMONE

WHITE RICE, SALMON TARTARE, CHERRY TOMATOES, AVOCADO, TERIYAKI, WASABI MAYO, ALMONDS

REGULAR 12,90 € | LARGE +2,50 €



## MARE FUORI 2.0

WHITE RICE, PARSLEY AND LEMON TENTACLES, TRIO OF VEGETABLES, RED CABBAGE, CHERRY TOMATOES, YOGURT, TOAST CORN

REGULAR 10,90 € | LARGE +2,50 €



## GAMBERI E CARCIOFI

BROWN RICE, STEAMED SHRIMPS, ARTICHOKE, CUCUMBER, RED CABBAGE, CARROTS, TROPICAL SWEET AND SOUR, CASHEW NUTS

REGULAR 11,90 € | LARGE +2,50 €



## EXOTIC SALMON

WHITE RICE, HAWAIIAN MARINATED SALMON, CHERRY TOMATOES, EDAMAME, AVOCADO, TERIYAKI, SESAME SEEDS

REGULAR 10,90 € | LARGE +2,50 €



## SPICY BEEF

WHITE RICE, BEEF SPICED STRIPS, CHERRY TOMATOES, CUCUMBER, PUMPKIN CREAM, ARTICHOKE, SPICY MAYO, CRISPY ONION

REGULAR 11,90 € | LARGE +2,50 €



## POLLO E FUNGHI

WHITE RICE, CHICKEN BITES, CHERRY TOMATOES, CORN, CUCUMBER, GRILLED MUSHROOM, YOGURT, ALMONDS

REGULAR 11,90 € | LARGE +2,50 €



## PIOVONO POLPETTE

COUS COUS, HUMMUS, GARDEN GOURMET SOY BALLS, CHERRY TOMATOES, CUCUMBER, GREEK FETA CHEESE, YOGURT, SESAME SEEDS

REGULAR 11,90 € | LARGE +2,50 €



## SAVE THE DUCKS x CHI SEGNA VINCE AL CINEMA

BROWN RICE, PLANTED STRIPS, RED CABBAGE, CARROTS, CUCUMBER, BBQ, CASHEWS

REGULAR 11,90 € | LARGE +2,50 €

# CHOOSE YOUR TOP TACOS

1 TACO 5.00 €

2 TACOS 8.00 €



## BEEF BBQ

BEEF SPICED STRIPS, CUCUMBER, BBQ, CRISPY ONION



## POLLO TERIYAKI

CHICKEN BITES, CARROTS, TERIYAKI, CRISPY ONION



## FRESH TUNA

TUNA, CUCUMBER, PONZU, SESAME SEEDS



## TARTARE SPECIAL

SALMON TARTARE, CHERRY TOMATOES, CRISPY POTATOES, TERIYAKI



## SALMONE TERIYAKI

HAWAIIAN MARINATED SALMON, RED CABBAGE, TERIYAKI, SESAME SEEDS



## GAMBERI TROPICALI

STEAMED SHRIMPS, RED CABBAGE, TROPICAL SWEET AND SOUR, SESAME SEEDS



## TENTACOLI DI MARE

PARSLEY AND LEMON TENTACLES, CHERRY TOMATOES, PONZU, ALMONDS



## CAPRESE

GREEK FETA CHEESE, CHERRY TOMATOES, TERIYAKI, SESAME SEEDS



## CRISPY PLANTED

PLANTED STRIPS, RED CABBAGE, VEGAN MAYO, ALMONDS

FROZEN FOOD AT THE ORIGIN. ALL OUR FISH PRODUCTS THAT ARE INTENDED TO BE EATEN RAW OR PRACTICALLY RAW COMPLY WITH EC REG. 853/04 AND SUBSEQUENT AMENDMENTS AND ADDITIONS, PARTICULARLY REGARDING THE REQUIREMENTS IN ANNEX III, SECTION VIII, CHAPTER III, POINT D.

OUR PRODUCTS CONTAIN ALLERGENS; ASK OUR STAFF TO CONSULT THE INGREDIENTS AND ALLERGENS LIST.

VEGAN Vg VEGETARIAN Vg SPICY GOMA WAKAME: FOR ADMINISTRATION TO CHILDREN AND MINORS, IT IS ADVISABLE TO CONSULT THE INGREDIENTS BOOK.



MSC-C-58965 We are MSC certified. Look for the blue MSC label.